



**30TH WONCA EUROPE
CONFERENCE 2026**

June 30th – July 3rd, 2026 | Paris, France

PARIS UNLOCKED

**CROISSANTS, CULTURE & CURIOSITY:
YOUR INSIDER GUIDE TO THE CITY**



PARIS UNLOCKED

(Your cheat sheet for science, croissants, and a little je ne sais quoi)

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GOOD TO KNOW!**

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Dear colleagues,

Welcome to **Paris** and to the **WONCA Europe Conference 2026!**

We are absolutely delighted to welcome you to the **City of Light** for a few unforgettable days of science, lively debates, new collaborations, global friendships... and yes, perhaps the occasional baguette (purely for cultural immersion, of course).

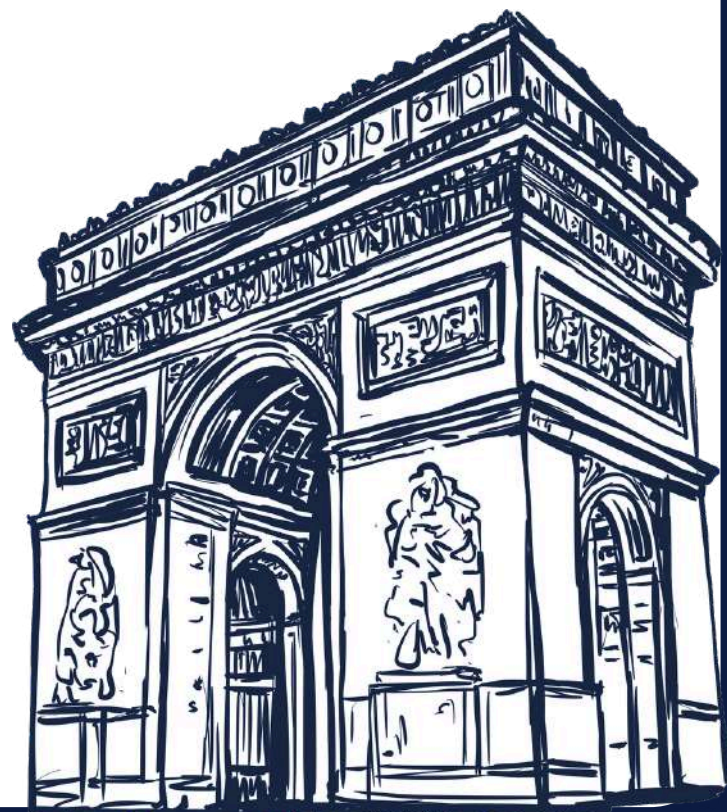
Whether you're joining us for the **Preconference (June 29–30, 2026)** or staying **for the full scientific marathon from June 30 to July 3, 2026**, this is your official survival guide.

Inside, you'll find everything you need to:

- Navigate Paris like a confident semi-local
- Master the metro (or at least look like you do)
- And maintain a healthy balance between academic excellence and strategic croissant management.

Keep it close. Paris can be dazzling. WONCA can be inspiring. Together? Slightly overwhelming – but in the best possible way.

***LET THE
ADVENTURE
BEGIN!***



BONJOUR PARIS ! GOOD TO KNOW

EMERGENCY NUMBER: 112 (fire, ambulance, police)

ELECTRICITY: 230 V, standard European two-pin plugs.

TIME ZONE: CET (GMT+1 / summer GMT+2)

Country code: +33

CURRENCY: Euro (€)

TAP WATER: Safe to drink throughout Paris — refill your bottle anywhere.

SMOKING: Only in designated outdoor areas; banned indoors.

PHARMACIES: Green cross signs everywhere. Painkillers, antihistamines, cold meds widely available. Prescription meds need a French script.

HEALTHCARE ACCESS NEAR THE PALAIS DES CONGRÈS:

- **Emergencies:** 112
- **Non-urgent:** Private clinics usually quicker; many speak English.
- **Nearby hospitals:** American Hospital of Paris (private, English-friendly), Georges Pompidou European Hospital (public)
- **Tips:** Bring your EHIC if EU, or travel insurance. Minor ailments? Pharmacies have you covered.



@barronr



@citypharma



@medwaim

GETTING TO THE VENUE

Palais des Congrès de Paris

Address: 2 place de la porte Maillot, 75017 Paris

Coordinates: 48.8790° N, 2.2875° E

HOW TO REACH THE PALAIS DES CONGRÈS

Metro: Line 1 → Porte Maillot **1**

RER: Line C → Neuilly – Porte Maillot **C**

Bus: 43, 82, 244, PC1 → Porte Maillot **43** **73** **82** **244** **PC1**

Tramway: T3b → Porte Maillot **T3b**

FROM MAJOR TRAIN STATIONS

Gare Saint-Lazare:

Metro 3 → Villiers, switch to Line 1 → La Défense, exit Porte Maillot

Gare du Nord / Gare de l'Est:

Metro 4 → Châtelet, switch to Line 1 → La Défense, exit Porte Maillot

Gare de Lyon:

Metro 1 → La Défense, exit Porte Maillot

Gare Montparnasse:

Metro 6 → Charles de Gaulle – Étoile, switch to Line 1 → La Défense, exit Porte Maillot

FROM AIRPORTS

Charles de Gaulle (CDG):

Take RER B to Châtelet – Les Halles, then switch to Metro Line 1 → La Défense. Exit at Porte Maillot.

Total trip time: ~50–60 minutes depending on connections.

Orly (ORY):

Take Metro Line 14 from Orly to Gare Saint-Lazare, then RER E → Porte Maillot.

Total trip time: ~35–45 minutes.

Beauvais (BVA):

Take the Beauvais airport shuttle bus to Porte Maillot, then walk ~5 minutes to the Palais des Congrès.

Total trip time: ~1h15–1h30 depending on traffic.

Go Green!

Paris loves eco-friendly travel: walk, take the metro, hop on a Vélib' bike, or even an electric scooter.

PACK LIKE A PARISIAN

CONFERENCE MODE: CHIC BUT NOT STIFF

Light, breathable fabrics — linen, cotton

Shoes you can walk in — leave the stilettos for the croissants

Layers — Keep a light blazer, cardigan, or scarf handy for cooler evenings or air conditioning.

Accessories — minimal jewelry and of course, sunglasses. You never know when the sun will flirt with you.



TOURIST MODE: STROLL, SIP, REPEAT

Walking shoes — sneakers, loafers, or flats. Your ankles will thank you.

Light clothing — airy dresses, skirts, shirts, or shorts

Evening layers — light sweater or jacket for a Seine-side sunset.

Extras — the famous Parisian beret, sunglasses, sunscreen, and maybe a baguette for morale.



WHAT TO PACK: PARIS IN SUMMER

Swimwear — for hotel pools or if you're feeling adventurous by the Seine.

Shoes — comfy for sightseeing, cute enough for café people-watching.

Smart pieces — one or two outfits for dinners or evening events.

Hat & sunglasses — chic protection from the Parisian sun.

Optional — reusable water bottle, because hydration is *très important*.



SAFETY TIPS

Paris is safe if you use common sense — and a little Parisian flair doesn't hurt.

STREETS & TRANSPORT

Watch your belongings — pickpockets love crowded metros, tourist areas, and landmarks.

Keep bags zipped and close — crossbody bags are your friend.

Stay alert around scooters and bikes — Paris loves two wheels. If you rent one, remember that helmets are mandatory depending on the vehicle.

Look both ways before crossing, even on a green light — some cyclists have a creative interpretation of traffic rules.

MONEY & CARDS

Use **ATMs in banks** or well-lit areas.

Keep **cash and cards** separate — if one gets lost, you have a backup.

Contactless payments are widely accepted.

NIGHT SAFETY

Stick to **well-lit streets** after dark, especially in lesser-known neighborhoods.

Trust your gut — if a street feels off, take another route.

GENERAL PARISIAN TIPS

Cross streets carefully — even on green, drivers can be... creative.

Don't flash **expensive items**; Paris is stylish, not flashy.

Smile — a little **"bonjour"** goes a long way with locals.

BONJOUR

HELLO

"Stay aware, keep it chic, enjoy every step."

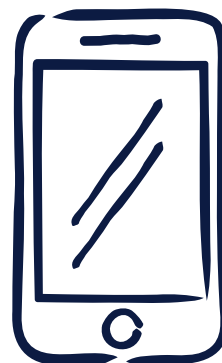
GREEN CONFERENCE, SHARED EFFORT

We're committed to reducing our environmental footprint, and you can be part of the change! Here's what you can bring or do:

DIGITAL FIRST

To limit paper use, the conference programme and most materials are designed to be consulted **online through the website or conference app.**

Choosing digital versions instead of printed documents helps significantly reduce paper waste.



RESPONSIBLE FOOD CHOICES

Catering prioritises **local, sustainable, and slow food options, with plenty of vegetarian meals.** Choosing plant-based dishes is an easy way to reduce the conference's carbon footprint while enjoying fresh, seasonal flavors.

WATER WITHOUT PLASTIC

Refill your bottle at water stations instead of using single-use plastic bottles. It's simple and impactful!



REUSE WHENEVER POSSIBLE

Badges and lanyards are reusable or recyclable. Please remember to **return your badge** at the end of the event. Small actions like this make a real difference.

Do your bit – let's make this conference green together!

CHIC & GREEN

We're committed to reducing our environmental footprint, and you can be part of the change! Here's what you can bring or do:

WHAT CAN YOU DO TO HELP US?

- **Reusable water bottle:** Stay hydrated in style! Water refill stations will be available throughout the venue.
- **Tote bag:** Avoid single-use plastic bags. Use your tote for documents, goodies, and more!
- **Reusable coffee cup:** Enjoy your coffee or tea without disposable cups.
- **Notebook & pen:** Bring your own to take notes—no need for printed materials.
- **Public transport pass:** Paris has excellent metro, bus, and bike options. Let's reduce CO₂ emissions together!

UNDERSTANDING PARIS' WASTE SORTING SYSTEM

Paris is serious about recycling! Help us keep the venue clean and green by using the color-coded bins correctly:

- Yellow bin = Recyclables (plastic, metal, cardboard)
- Green = Glass
- Blue = paper
- Black / grey = General waste (non-recyclable)



Yellow = Recyclables
(plastic, metal, cardboard)



Green = Glass



Blue = paper



Black / grey = General waste
(non-recyclable)

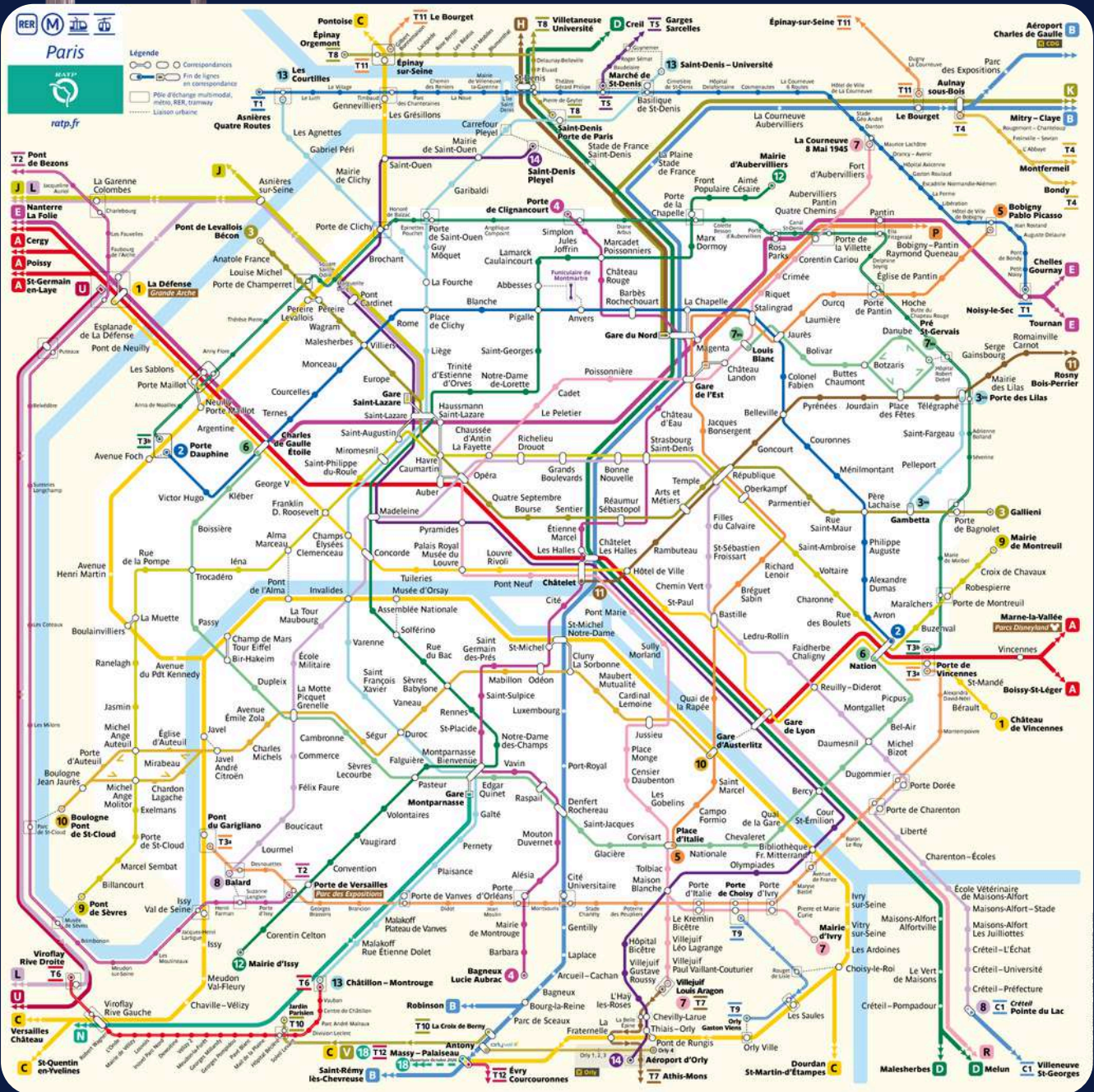
GETTING AROUND PARIS

PARIS HAS AN EFFICIENT, WELL-CONNECTED, AND OCCASIONALLY QUIRKY TRANSPORT SYSTEM
HERE'S HOW TO NAVIGATE IT LIKE A LOCAL.



Metro (subway)

- 16 lines, colour-coded and numbered
- Runs roughly 5:30 a.m. – 12:30 a.m.
- Trains every 2–5 minutes
- Line 1 is your main ally for the Palais des Congrès
- Metro stations are close, so transfers are usually short.
- Metro as an art gallery: Many stations are decorated with murals, sculptures, or historic design elements – keep your eyes open, Paris loves style underground!
- Tourist tip: Take Line 6 between Passy and Bir-Hakeim for a spectacular view of the Eiffel Tower right from your train window – a mini sightseeing tour on the way!



GETTING AROUND PARIS

Buses & Trams

Tap your phone or Navigo card when boarding

Tram lines 3b, 7, 8, 9, 10 — a slow, scenic view of Paris streets

Buses are perfect if you want to avoid stairs or long walks

RER (regional trains)

RER Lines A through E connect Paris with suburbs and airports

Tickets are zoned; check your zone



TICKETS & FARE CARDS: HOW TO PAY

- Download the IDF Mobilités app to manage all your travel.
- In the app → Purchase tab → On my phone
 - Add a new card, then choose your ticket type:



1. Single tickets

- Buy single tickets and top up your pass anytime directly in the app if needed.

2. Passes

- Monthly: €90.80 — valid from the 1st to the last day of the month
- Weekly: €32.40 — valid Monday to Sunday
- Daily: €12.30

3. Paris Visite

- Pass valid for 1, 2, 3, or 5 days, usable across all zones (including airports).

Bonus: the app also provides real-time traffic updates and helps you plan routes easily.

Taxis, Uber & Other Lifesavers

- G7 Taxis: Paris's most reliable taxi company. Phone: +33 1 47 39 47 39. You can also download the G7 app to book a ride quickly.
 - Official taxi - airport rides - flat rates :
 - Charles de Gaulle (CDG) <-> Paris:
 - Right bank: €56 flat
 - Left bank: €65 flat
 - Orly (ORY) <-> Paris:
 - Right bank: €45 flat
 - Left bank: €36 flat
- Other ride-sharing apps: Uber, Bolt, Free Now — widely used and reliable.
- Accessibility / bigger vehicles: Use Uber WAV (Wheelchair Accessible Vehicle) or select "accessible vehicle" in G7 / Bolt app.
- Bike Sharing: You can rent a bicycle through Vélib', the city's public bike-sharing system, or use apps like Lime and Dott for bikes and e-bikes available throughout the capital.

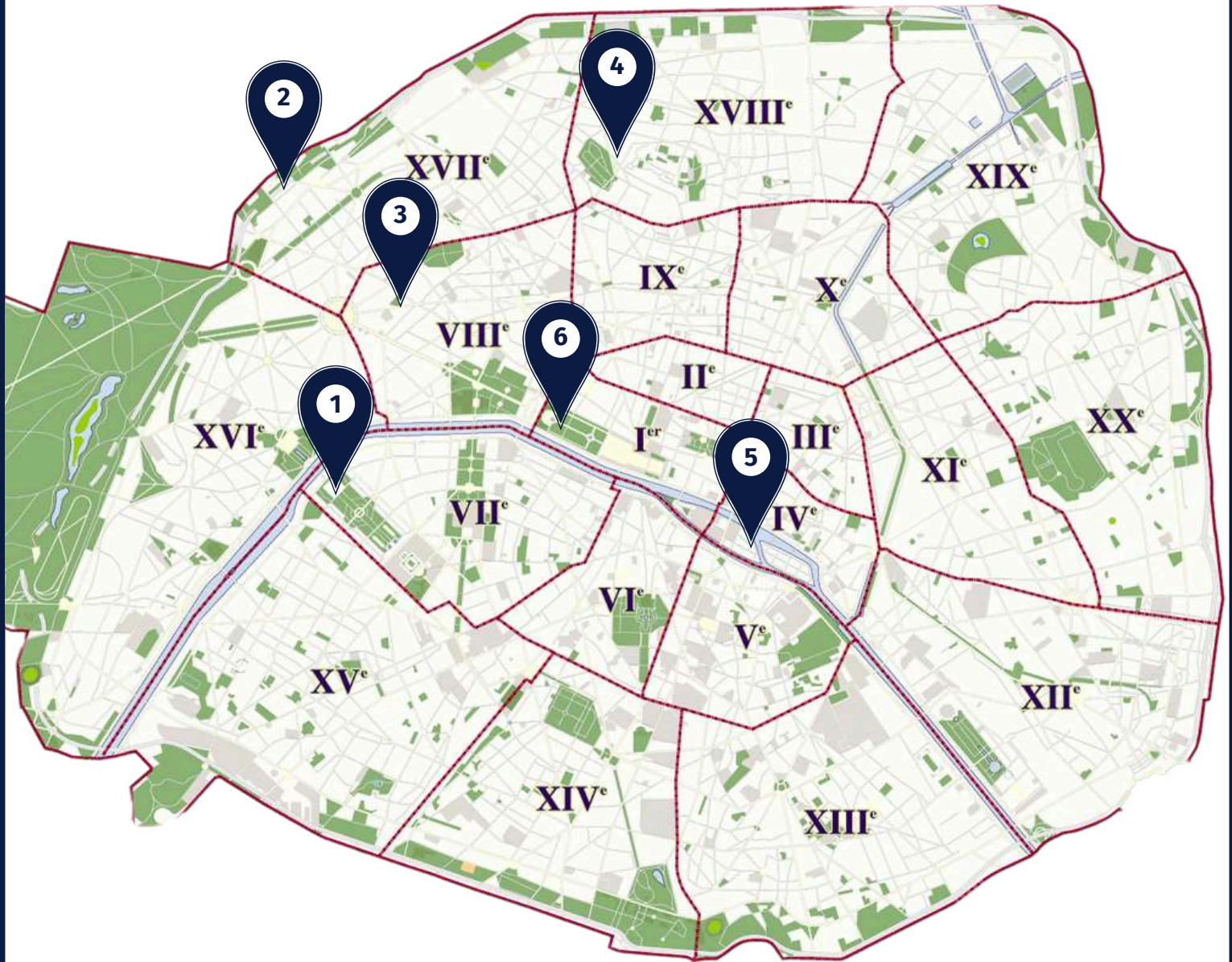




PARIS IN A NUTSHELL



KEY SPOTS IN PARIS



Tour Eiffel



Arc de
Triomphe



Notre Dame
de Paris



Palais des
Congrès



Sacré-Cœur



Le Louvre

WALKING & EXPLORING

HISTORY MODE: WALK THROUGH CENTURIES

THE ROYAL AXIS — LOUVRE TO ARC DE TRIOMPHE

*Path: Louvre Courtyard → Jardin des Tuileries
→ Place de la Concorde → Champs-Élysées
→ Arc de Triomphe*

Kings, emperors, and grand ambitions shaped this straight line across the city.

Gardens, fountains, monuments — Paris showing off at its finest.

Start in a palace, end under a triumphal arch, feel historically important in between.



THE MEDIEVAL HEART — ÎLE DE LA CITÉ & LATIN QUARTER

Path: Notre-Dame area → Shakespeare & Company → Rue de la Huchette → Panthéon → Jardin du Luxembourg

This is where Paris started — literally. Cathedral bells, tiny streets, old stones older than most countries.

If Paris had a childhood home, this would be it.

For visits to Notre-Dame, make sure to book your tickets at least 72 hours in advance as time slots fill up very quickly.



WALKING & EXPLORING

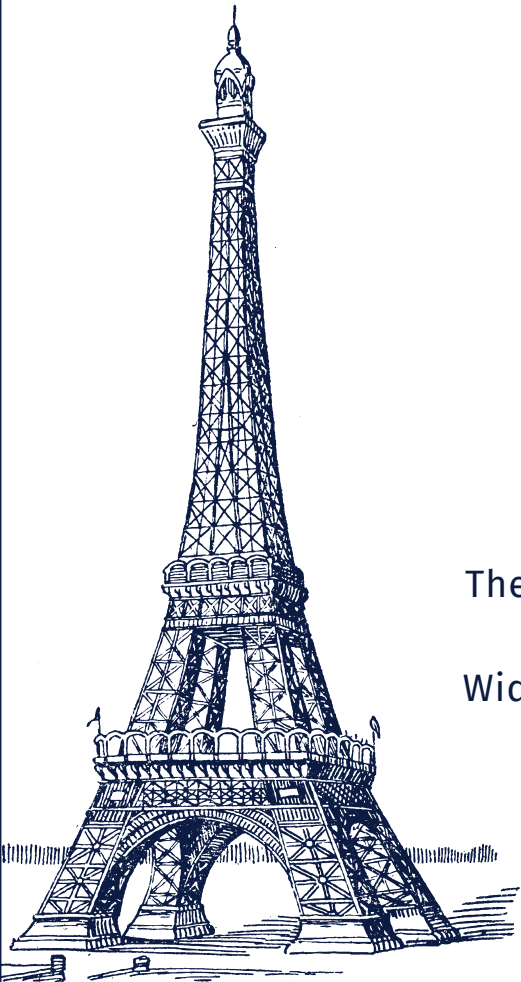
HISTORY MODE: WALK THROUGH CENTURIES

THE ARTISTS' HILL — MONTMARTRE

*Path: Anvers → Rue des Martyrs → Sacré-Cœur
→ Place du Tertre → Vineyards →
Lamarck-Caulaincourt*

Painters, poets, rebels and late nights once lived up here.

Still feels like a village above the city noise. Climb the hill slowly — the view (and your lungs) deserve a moment.



MODERN PARIS — EIFFEL TOWER & SEINE BANKS

*Path: Trocadéro → Tour Eiffel → Seine riverbanks
→ Pont Alexandre III → Invalides*

The tower shocked Parisians in 1889. Now they can't live without it.

Wide riverbanks, bridges, sunset light — Paris enters the modern era.

The classic “okay I'm really in Paris” walk.

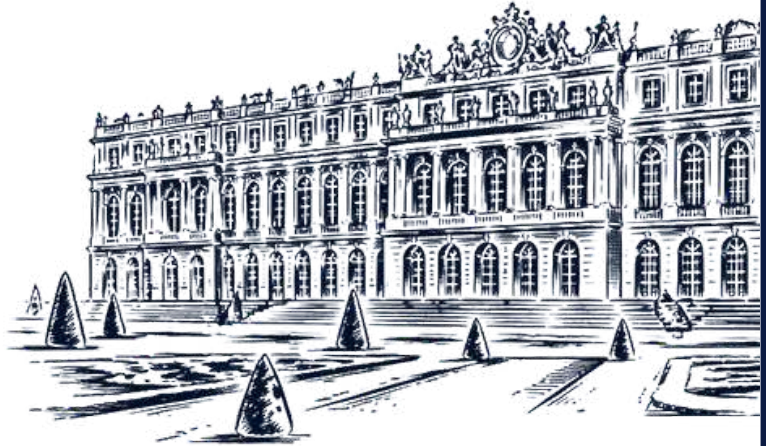
WALKING & EXPLORING

A SHORT TRIP INTO FRENCH HERITAGE

CHÂTEAU DE VERSAILLES

The ultimate symbol of royal France. Explore the Hall of Mirrors, the royal apartments, and the vast gardens.

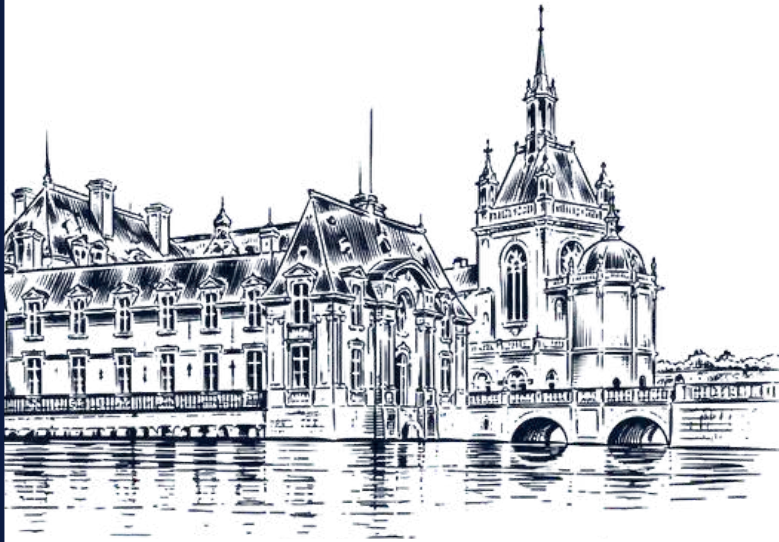
In summer, don't miss **the Grandes Eaux Musicales**, the famous fountain show where water, music, and landscape come together in a spectacular royal display.



CHÂTEAU DE CHANTILLY

A refined estate surrounded by forests and water, known for its elegance and cultural richness.

The visit can also include the **Great Stables equestrian shows**, one of the most impressive horse performances in Europe, blending history and spectacle.



MAISON ET JARDINS DE CLAUDE MONET

Monet's living masterpiece. Walk through the gardens that inspired his Impressionist works, **including the iconic water lily pond and Japanese bridge**.

A peaceful, artistic escape where nature becomes art.



FAITH AND SPIRITUALITY

Beyond its monuments and museums, Paris is also home to remarkable places of worship reflecting its rich spiritual diversity.



NOTRE-DAME DE PARIS

The heart of Catholic Paris. Recently reopened, Notre-Dame remains one of the world's most iconic cathedrals, renowned for its Gothic architecture and centuries of history.

GRANDE MOSQUÉE DE PARIS

A peaceful oasis in the Latin Quarter, featuring beautiful Andalusian-inspired architecture, tranquil courtyards, and one of the city's most important Muslim cultural centers.



GRANDE SYNAGOGUE DE LA VICTOIRE

The largest synagogue in France, known for its impressive architecture and its central role in Parisian Jewish life since the 19th century.

PAGODE DE VINCENNES

The largest Buddhist site in Paris, offering a serene setting dedicated to meditation, spirituality, and cultural exchange amidst a peaceful park environment.



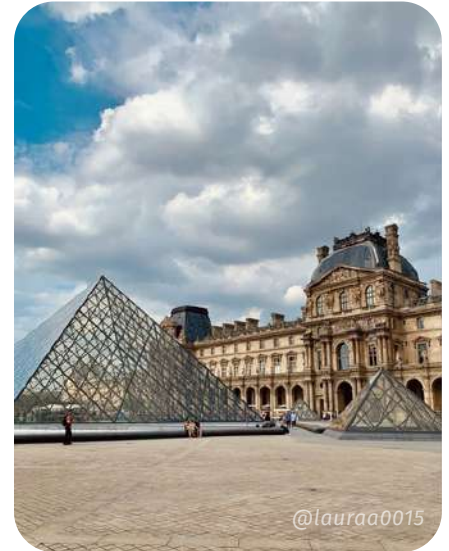
Paris is also home to vibrant Orthodox and Protestant communities, represented by landmarks such as the Saint Alexander Nevsky Cathedral and the Temple de l'Oratoire du Louvre.

CULTURE & MUSEUMS

From world-famous masterpieces to quirky hidden collections, museums here range from monumental to wonderfully unexpected!

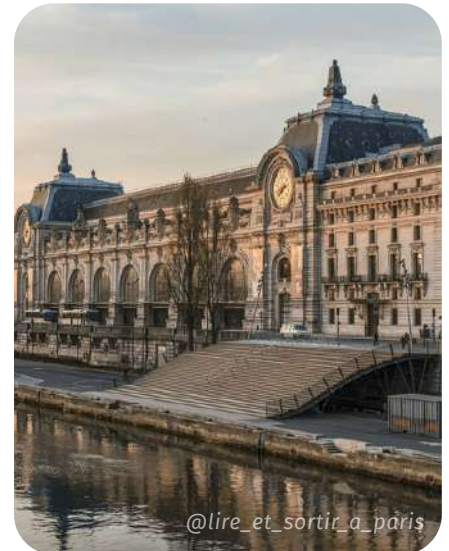
LE LOUVRE

The world's most famous museum and a true Paris icon. Wander through centuries of art, from ancient civilizations to Renaissance masterpieces – yes, including the Mona Lisa.



LE MUSÉE D'ORSAY

Set inside a stunning former railway station, this museum is the home of Impressionism. Expect Monet, Van Gogh and Degas in one of the most beautiful exhibition spaces in the city.



LE MUSÉE RODIN

An elegant mansion surrounded by peaceful gardens filled with sculptures. A calm, intimate visit where you can admire *The Thinker* while strolling among roses.



CULTURE & MUSEUMS

SMALLER & UNUSUAL MUSEUMS

LE MUSÉE D'HISTOIRE DE LA MÉDECINE

A fascinating cabinet of curiosities featuring antique surgical tools, early medical inventions and surprising objects — both intriguing and slightly unsettling.



@Nick Leghorn

LE MUSÉE GALLIERA

Paris's fashion museum, dedicated to the history of style and haute couture. Discover iconic designers, elegant exhibitions, and the evolution of fashion in one of the city's most beautiful cultural settings.



@parismaville

LE MUSÉE DES ARTS FORAINS

A magical place where vintage carousels and carnival games from the late 19th and early 20th centuries come alive — part museum, part playful time-travel experience.



@aor_rora2

WHAT TO DO IN PARIS

THIS SUMMER!

LEANDRO ERLICH **GRAND PALAIS**

An immersive and mind-bending exhibition by Argentine artist Leandro Erlich. His large-scale installations play with perception, architecture and illusion, turning visitors into part of the artwork itself. A surreal experience where nothing is quite what it seems.



RENOIR ET L'AMOUR **MUSÉE D'ORSAY**

A poetic exhibition exploring love in Renoir's work, from intimate scenes to iconic Impressionist masterpieces. A beautiful journey into emotion, light and tenderness in one of Paris' most iconic museums.



AURA INVALIDES **DÔME DES INVALIDES**

A spectacular immersive sound and light show inside the iconic Dôme des Invalides. Music, projections and architecture combine to reveal the monument in a completely new and emotional way at night.



WHAT TO DO IN PARIS

THIS SUMMER!

LA CENERENTOLA **PALAIS GARNIER**

Rossini's sparkling opera returns to the legendary Palais Garnier. A lively and witty production blending virtuosity, humour and the timeless magic of one of Paris' most beautiful opera houses.



LA BAYADÈRE **OPÉRA BASTILLE**

A grand classical ballet full of drama and romance. Set in a mythical India, this iconic production showcases breathtaking choreography and one of the most famous works of the classical repertoire.



SÉRÉNADE ROYALE **CHÂTEAU DE VERSAILLES**

Versailles presents the Sérénade Royale, an immersive performance combining music, dance and theatre in full period costumes. A magical evening experience that brings the royal court back to life inside one of the most iconic palaces in the world.



PARIS SHOPPING ICONS

From historic department stores to luxury outlets, here are some of the most iconic shopping spots to explore during your stay in Paris.

GALERIES LAFAYETTE HAUSSMANN

An iconic Parisian landmark under its stunning glass dome. Fashion, beauty, gourmet food and panoramic rooftop views over Paris — all in one place.

PRINTEMPS HAUSSMANN

A historic department store known for its elegant architecture and curated fashion selection. Don't miss its rooftop terrace with one of the best views of the city.

LA SAMARITAINE

A beautifully restored Art Nouveau and Art Deco department store overlooking the Seine. A mix of luxury shopping, beauty, food, and Parisian heritage.

BHV MARAIS

A more local, eclectic department store located in the heart of the Marais. Perfect for design, homeware, fashion and a very "Paris insider" vibe.

LA VALLÉE VILLAGE

A luxury outlet village just outside Paris, offering discounted collections from major international brands in an open-air shopping experience.

LE BON MARCHÉ RIVE GAUCHE

The oldest department store in Paris, refined and elegant. A curated selection of fashion, design and gourmet products in a calm, upscale Left Bank atmosphere.

PARIS OFF THE BEATEN PATH

Discover the quirky, unexpected corners of the city that most tourists miss!

GALERIE VIVIENNE

One of Paris's elegant covered passages, Galerie Vivienne dazzles with mosaic floors, glass ceilings, and chic boutiques. A perfect spot for a stroll, and just one of several historic passages waiting to be explored in the city.



LE MARCHÉ DES ENFANTS ROUGES

The oldest covered market in Paris, offering a vibrant mix of fresh produce, international street food, and local specialties. A lively spot to grab a bite and soak up the Marais atmosphere.



LES CATACOMBES

A spine-tingling peek beneath the streets of Paris. Miles of bones arranged with eerie precision — a macabre, unforgettable experience. Fun fact: the tunnels were once used to grow mushrooms before becoming the ossuary we know today.



PARIS OFF THE BEATEN PATH

Discover the quirky, unexpected corners of the city that most tourists miss!

LES PUCES DE SAINT-OUEN

The ultimate treasure hunt. Antique stalls, vintage finds, and a labyrinth of curiosities — you never know what hidden gem you'll stumble upon.



PARISIAN BOUQUINISTES

Along the Seine riverbanks, these iconic green bookstalls offer a treasure trove of vintage books, prints, and postcards. A stroll here is a classic Parisian experience!



LE TUNNEL DES TUILERIES

An 800-meter hidden graffiti tunnel connecting streets and imagination. Vibrant street art and local creativity make it a perfect photo stop.



OUT OF OFFICE, INTO THE PARK!

Paris isn't only about monuments — it's also about the pauses in between. These are the places where locals walk, run, sit for hours, and let the city slow down around them.

BOIS DE BOULOGNE

Paris' giant backyard. Come for a morning jog, wander around the lakes, or rent a small boat and disappear for an hour from the city noise.



BOIS DE VINCENNES

Wilder and less polished — perfect if you want space. Long cycling paths, a castle, and enough greenery to forget you're still inside Paris.



JARDIN DU LUXEMBOURG

Classic Paris pause: green chairs, fountains, people reading for hours. Grab a coffee and slow down — this is how locals recharge.

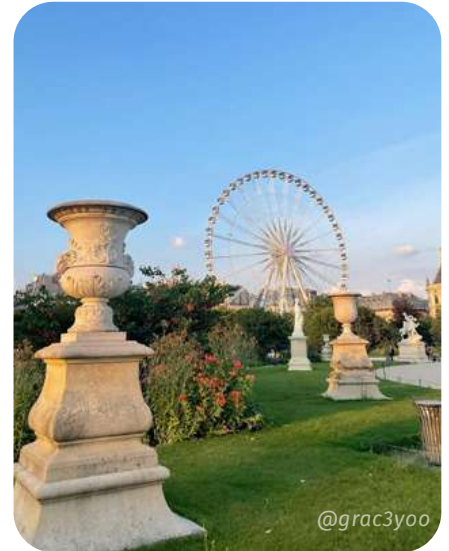


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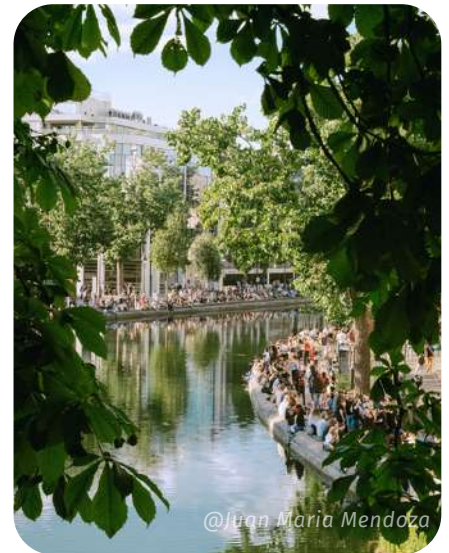
JARDIN DES TUILERIES

An elegant park by day, but in summer a funfair pops up inside — rides, lights and snacks right in the middle of historic Paris. A very unexpected atmosphere.



CANAL SAINT-MARTIN

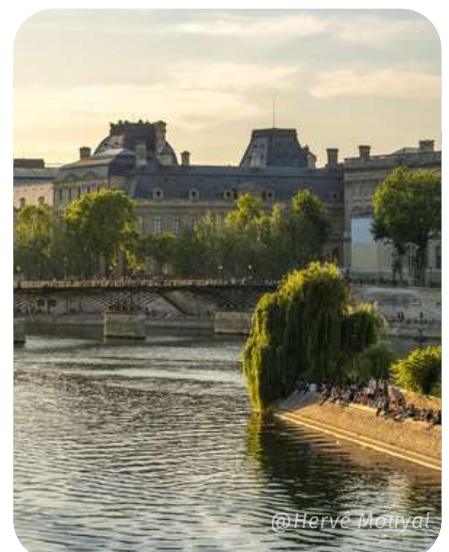
Late afternoon energy spot. Walk along the water, picnic on the quays, or join the locals hanging out until sunset.



SEINE RIVERBANKS

The city's natural promenade — running path by day, gathering place by evening. Walk with a view, always the right idea.

Discover JR's monumental installation on the Pont Neuf, one of Paris' must-see cultural highlights this summer!



PICNICKING IN PARIS

A picnic is one of the best ways to enjoy Paris!

Relax in iconic spots such as the Luxembourg Gardens, the Tuileries Garden, Place des Vosges, or the Champ de Mars beneath the Eiffel Tower.

For a waterside experience, the Seine riverbanks and Canal Saint-Martin are local favorites, while Montmartre, Parc des Buttes-Chaumont, and Parc de Belleville offer some of the city's best views.

For extra convenience, many Parisian restaurants and gourmet shops offer ready-made picnic baskets to take away.



BRING YOUR OWN PICNIC CHALLENGE

This year, we invite you to embrace the Parisian spirit and share a moment of togetherness with fellow WONCA participants.



Bring your best picnic blanket, gather your colleagues, and enjoy Paris the local way.

Then, take a group photo and share it on Instagram using #WONCAPicnicParis to enter our Best Spot for a Group Gathering contest.

The winning group, selected by the Host Organising Committee, will receive a special gift basket to share! The honorary award will be presented during the Closing Ceremony.

Need inspiration? Check out the City of Paris guide: [Where to Picnic in Paris?](#)

LITTLE EXPLORERS' CORNER

Even in a big city, Paris knows how to keep younger visitors entertained. Animals, science, rides and a bit of magic — these spots make great breaks between museums and long walks.

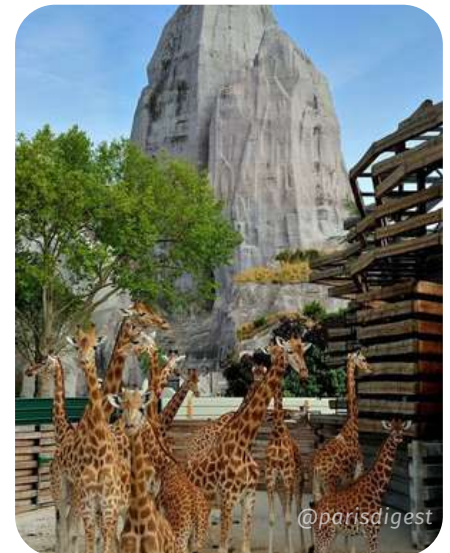
JARDIN DES PLANTES

A mini-adventure in the middle of the city: stroll through the gardens, visit the historic Ménagerie zoo, then step into the spectacular Grande Galerie de l'Évolution where animals from around the world march across a giant stage-like space.



PARC ZOOLOGIQUE DE PARIS

Modern and spacious, this zoo recreates real ecosystems rather than cages. Lions, giraffes and penguins live in large open environments — it feels closer to a nature reserve than a classic zoo.



JARDIN D'ACCLIMATATION

Half park, half amusement park. Small roller coasters, playgrounds, boats and shaded paths make it perfect for an easy afternoon with kids (and surprisingly relaxing for adults too).



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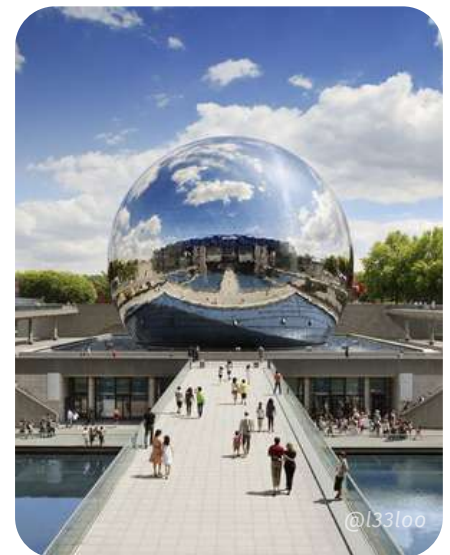
AQUARIUM DE PARIS

Right near the Eiffel Tower, descend underground to watch sharks, colorful fish and giant tanks — a calm, immersive break when everyone needs a quieter activity.



CITÉ DES SCIENCES ET DE L'INDUSTRIE

Hands-on science everywhere: experiments, interactive exhibits and playful learning spaces. The kind of place where kids forget they're actually learning.



DISNEYLAND PARIS

A full-day escape from the city into pure fantasy — rides, shows and classic characters. If you want maximum excitement (and tired children by night), this is the one.



VIEWS AND ROOFTOPS

From world-famous masterpieces to quirky hidden collections, museums here range from monumental to wonderfully unexpected!

TOUR EIFFEL

Not just a monument — the moment! Every hour it sparkles, every angle works, and somehow it's always worth it again.

MONTMARTRE

A hilltop village lost inside Paris: artists, stairs, music, and sunset views that feel straight out of a movie.

ARC DE TRIOMPHE

The best way to understand Paris in one glance — climb up and watch the city radiate from the world's most beautiful roundabout.

TERRASS HOTEL ROOFTOP

12 Rue Joseph de Maistre, 75018 Paris

Not just a monument — the moment! Every hour it sparkles, every angle works, and somehow it's always worth it again.

CRÉATURES — GALERIES LAFAYETTE

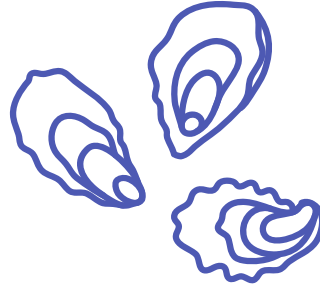
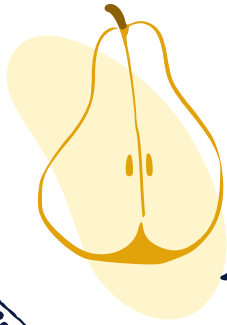
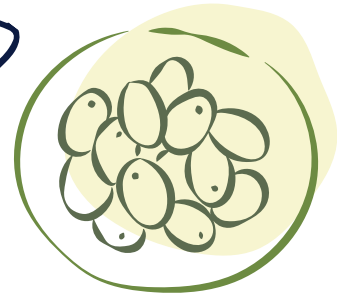
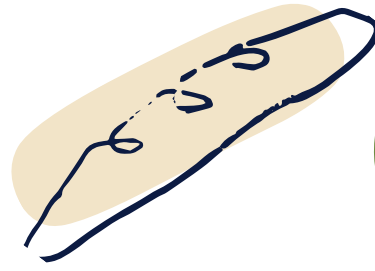
25 Rue de la Chaussée d'Antin, 75009 Paris

A bright, summery rooftop above the Opera district with postcard views over central Paris. Come for the skyline, stay for the golden hour glow.

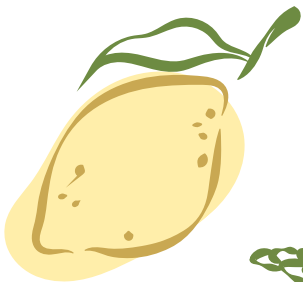
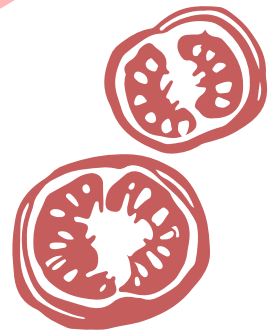
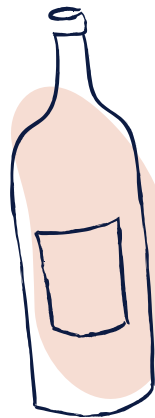
LE PERCHOIR MARAIS

33 Rue de la Verrerie, 75004 Paris

A lively rooftop tucked in the heart of the Marais with panoramic city views. Trendy, energetic, and ideal for a stylish evening above the streets.



PARISIAN BITES

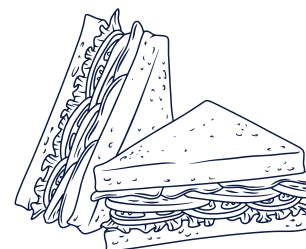


GREAT PLACES TO GRAB A BITE AROUND THE PALAIS DES CONGRÈS

INSIDE THE VENUE

LINA'S

Just steps from the conference halls, enjoy sandwiches, salads, and light lunch options in a modern, relaxed setting.



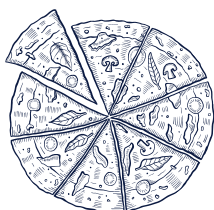
L'ATELIER ENTRECÔTE & VOLAILLE



MAISON MAYANE

Modern French comfort food — quick, tasty and convenient when you don't want to lose time between sessions.

AROUND THE VENUE



A lively Italian spot beloved by locals for its fresh artisan pastas and Roman-style pizzas.

IL GRANO

LE BALLON DES TERNES

A true neighborhood bistro loved by locals. Generous comfort food and a warm atmosphere after a day of sessions.



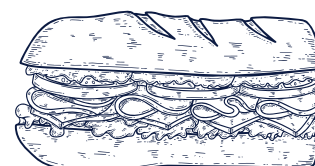
BRASSERIE LES MUSES

Bright, elegant and easygoing. A reliable choice for a relaxed lunch meeting or a simple dinner nearby!



LA GRIOTTE

Excellent pastries, fresh sandwiches and real Parisian bread. Perfect for a quick breakfast before the day starts.



FOR THE HISTORY BUFFS: ICONIC PARISIAN RESTAURANTS

LE PROCOPE

13 Rue de l'Ancienne Comédie, 75006 Paris

Paris' oldest café, founded in 1686. Once a meeting place for Voltaire and Rousseau, it still retains its historic charm and classic Parisian atmosphere.



LE TRAIN BLEU

Pl. Louis Armand hall 1, 75012 Paris

A spectacular restaurant inside Gare de Lyon that feels like a palace. Worth visiting for the setting alone.



L'ESCARGOT MONTORGUEIL

38 Rue Montorgueil, 75001 Paris

Classic French bistro known for its escargots and traditional dishes. Its cozy décor captures the charm of Paris' historic culinary streets.

LE POLIDOR

41 Rue Monsieur le Prince, 75006 Paris

Historic bistro in the 6th arrondissement, favored by writers like Joyce and Hemingway. Offers hearty French fare in a retro, authentic setting.



LE GRAND VÉFOUR

17 Rue de Beaujolais, 75001 Paris

Elegant restaurant in the Palais-Royal, open since the 18th century. Its opulent décor and links to Napoleon and Victor Hugo make it a true Parisian institution.

FOR THE FOODIES

LA TOUR D'ARGENT

15 Quai de la Tournelle, 75005 Paris

A legendary fine-dining institution overlooking the Seine. Classic French cuisine with one of the most iconic views in Paris.

LE JULES VERNE

Avenue Gustave Eiffel, 75007 Paris

Dining inside the Eiffel Tower becomes a full experience here. Refined cooking matched with unforgettable scenery.

L'ATELIER DE JOËL ROBUCHON

5-7 Rue de Montalembert, 75007 Paris

Famous for his legendary mashed potatoes — silky, rich, and unforgettable. Pair them with refined French classics that showcase precision and depth of flavour.

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ENVIE LE BANQUET

148 Rue du Temple, 75003 Paris

A generous all-you-can-eat concept by chef Eloy Spinnler, rethinking the buffet with a sustainable, anti-waste approach. A lively spot in the heart of the Marais with a wide variety of homemade dishes.

LE RELAIS DE L'ENTRECÔTE

20 Rue Saint-Benoît, 75006 Paris

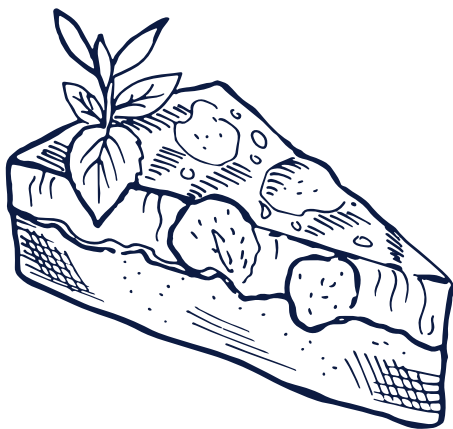
A Parisian institution: juicy steak with their famous secret sauce, endless crispy fries, and yes... you might wait in line, but trust us, it's totally worth it!

GLORIA OSTERIA

41 Rue de Lille, 75007 Paris

Authentic Italian dining: fresh pasta, crispy pizzas, and tasty desserts in a cozy, lively atmosphere.

IN CROISSANTS WE TRUST!



MAISON STOHRER

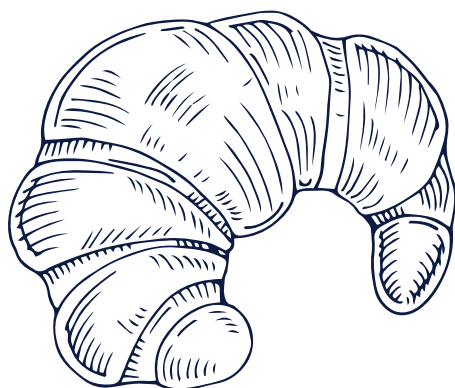
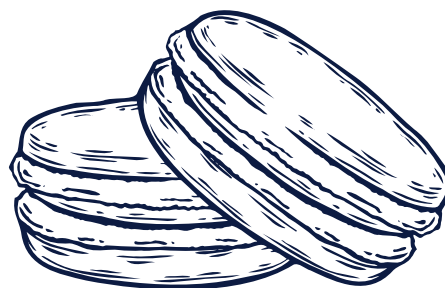
51 Rue Montorgueil, 75002 Paris

The oldest pastry shop in Paris, and it looks the part — painted ceilings, chandeliers and trays of perfect classics. Come for a proper baba au rhum or an old-school éclair. Very famous, but still genuinely good.

LADURÉE

75 Av. des Champs-Élysées 75008 Paris

Famous for its delicate macarons, this iconic Parisian house turns pastry into an art form — colorful, refined, and unmistakably Parisian.



BOULANGERIE MODERNE

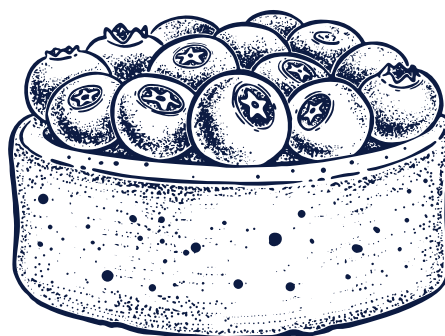
16 Rue des Fossés Saint-Jacques, 75005 Paris

Yes, THE bakery from Emily in Paris! Thankfully locals actually go there too: great croissants, simple sandwiches and that warm butter smell in the morning. Grab something and walk toward the Panthéon.

CÉDRIC GROLET

35 Avenue de l'Opéra, 75002 Paris

Ultra-famous modern pastry — hyper-realistic fruit desserts and razor-clean presentation. Expensive but fun, more like tasting edible design than just cake. One piece is enough.



JUST ONE LAST DRINK!



BAR HEMINGWAY – RITZ PARIS

15 Place Vendôme, 75001 Paris

Historic and legendary, frequented by Hemingway and other literary icons. Cozy, intimate, and perfect for classic cocktails with a touch of Parisian history.

EXPERIMENTAL COCKTAIL CLUB

37 Rue Saint-Sauveur, 75002 Paris

Pioneer of Paris' craft cocktail scene. Hidden entrance, dim lighting, and inventive drinks make it a sophisticated modern night-out spot.



LE SELECT

99 Boulevard du Montparnasse, 75014 Paris

A Montparnasse institution since the 1920s. Once a hangout for Picasso, Sartre, and other creatives, it still offers old-school charm and lively atmosphere.

LE PERCHOIR MARAIS

33 Rue de la Verrerie, 75004 Paris

Trendy rooftop bar with panoramic views over Paris. Perfect for sunset drinks, stylish crowds, and a chic Marais vibe.



SEINE RIVERBANK

Catch the summer vibes along the Seine at spots like Rosa Bonheur, Fluctuart, and many more! Grab a drink, enjoy the music, and join Parisians as the riverbank turns into the city's ultimate outdoor hangout.



PARISIAN MODE: ACTIVATED



oh là
là ♥



SAY IT LIKE YOU MEAN IT

THE SIX LINES THAT WILL SAVE YOU (SOCIALY, AT LEAST)

BONJOUR — HELLO

Non-negotiable. Say it when you enter a shop, a café, anywhere.

EXCUSEZ-MOI / PARDON — EXCUSE ME

For getting attention, passing through, or surviving métro hours.

EST-CE QUE VOUS PARLEZ ANGLAIS ? — DO YOU SPEAK ENGLISH?

Softer (and better received) than jumping straight into English.

L'ADDITION, S'IL VOUS PLAÎT — THE BILL, PLEASE

In France, the bill never comes unless you ask.

OÙ SONT LES TOILETTES S'IL VOUS PLAÎT ? — WHERE ARE THE RESTROOMS?

Trust us. You'll need this one.

AU REVOIR — GOODBYE

A simple but essential Parisian classic. Always appreciated, never out of place.



ME? A TOURIST? NEVER!

HOW TO BEHAVE LIKE A REAL PARISIAN

MASTER THE CAFÉ PAUSE

Order one coffee. Stay an hour. No one rushes you — that's the point.

WALK WITH PURPOSE

Even if you're completely lost. Confidence is the real GPS.

DON'T OVERREACT

The Eiffel Tower is stunning. Yes. But admire it calmly. A discreet "wow" is very Parisian.

COMPLAIN ABOUT THE MÉTRO

If the next train arrives in more than 4 minutes, sigh dramatically. Bonus points if you mutter something about how the line was "better before".

DISCUSS THE WEATHER LIKE IT'S A NATIONAL ISSUE

Too hot, too cold, too grey, too sunny. Whatever the forecast, comment on it with mild dissatisfaction.

EVERYTHING OUTSIDE PARIS = THE COUNTRYSIDE

Whether it's Lyon, Bordeaux, or anywhere beyond the périphérique, casually refer to it as "la province".



THINGS YOU DIDN'T KNOW ABOUT PARIS

The 20 arrondissements spiral out like a snail shell – once you see it, you can't unsee it.

Parisians consume millions of baguettes every single day.

This is not a stereotype. It's a lifestyle.

Right in front of Notre-Dame lies Point Zéro, the official center of Paris. All road distances in France are measured from this tiny stone marker.

There are actually several Statues of Liberty in Paris.

The most famous stands on the **Île aux Cygnes, facing New York**, but you can also spot one in the Jardin du Luxembourg – called "**Le Luco**" by Parisians. Paris helped inspire the original monument, after all.

At Place de la Concorde, look closely at the obelisk – **its shadow works as a giant sundial**, quietly telling the time in the middle of the square.

The Pont Neuf ("New Bridge") is actually the oldest bridge in Paris, completed in 1607. Parisian irony at its finest.





A LITTLE EXTRA FOR YOU!



A LITTLE EXTRA FOR YOU!

Make the most of your stay in Paris with these trusted agencies offering guided tours, immersive experiences, and unique local discoveries!

ELYREA - EXPERIENCE PARIS THROUGH STORIES

Discover Paris through immersive walking tours led by professional actors portraying iconic historical figures. A unique way to explore the city's landmarks, stories, and hidden secrets.

Exclusive offer for WONCA participants:
Enjoy 10% off all public tours with the code:
WONCA26PARIS



WONCA EXCLUSIVE – THE COCO CHANEL MYSTERY

Follow the footsteps of Coco Chanel around Place Vendôme and discover how Gabrielle Chanel built one of the world's most influential fashion houses. Through stories, iconic locations, and historical anecdotes, this immersive experience offers a fascinating glimpse into the life and legacy of a true Parisian icon. This exclusive tour is normally reserved for corporate groups.

To book the Coco Chanel Mystery Tour, please contact Elyrea directly at info@elyrea.com.

More information and bookings:
www.elyrea.com/shared-booking/



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LA DAME DE CŒUR PARIS – EXPLORE PARIS THROUGH PLAY

Experience Paris differently with La Dame de Cœur Paris, specialists in immersive treasure hunts and interactive adventures that combine history, culture, and teamwork.

EXCLUSIVE ACTIVITIES AVAILABLE DURING WONCA 2026:

THURSDAY – MUSÉE D'ORSAY BY NIGHT

An evening treasure hunt through the museum's masterpieces, where participants solve riddles to uncover a long-forgotten treasure.

FRIDAY – SECRET AGENT MISSION IN MONTMARTRE

Step into the shoes of a secret agent and investigate a mysterious plot while exploring the iconic streets and landmarks of Montmartre.

SATURDAY – TREASURE HUNT ON ÎLE DE LA CITÉ

Follow clues through the historic heart of Paris, from Notre-Dame to the Latin Quarter, in search of a legendary hidden treasure.

Contacts:

ladamedecoeurparis@gmail.com

+33 6 28 93 43 34

www.ladamedecoeurparis.com



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EXTIME TRAVEL – DISCOVER PARIS & BEYOND

Extime Travel offers guided tours, day trips, cruises, and iconic experiences across Paris and France, led by expert multilingual guides.

RECOMMENDED EXPERIENCES

EIFFEL TOWER SUMMIT

Reserved access and panoramic views over Paris.

MOULIN ROUGE DINNER SHOW

Dinner and the legendary Féerie revue.

VERSAILLES FULL-DAY TOUR

Palace, gardens, Trianon, and Marie-Antoinette's Hamlet.

VERSAILLES HALF-DAY TOUR

The essential highlights of the royal estate.

DISNEYLAND® PARIS

One day, two parks, transport included.

VERSAILLES WITH AUDIO GUIDE

Explore at your own pace.

MOULIN ROUGE & CHAMPAGNE

The iconic show with champagne included.

LUNCH AT MADAME BRASSERIE

French gastronomy inside the Eiffel Tower.

GIVERNY & VERSAILLES

Monet's gardens and royal grandeur in one day.



A LITTLE EXTRA FOR YOU!

Make the most of your stay in Paris with these trusted agencies offering guided tours, immersive experiences, and unique local discoveries!

A LITTLE PARISIAN SHOPPING BREAK WITH GALERIES LAFAYETTE

The Galeries Lafayette Haussmann combines fashion, beauty, gastronomy, and culture under its iconic Art Nouveau dome. Located in the heart of Paris, it offers a unique shopping experience and is a must-see destination for visitors.

EXCLUSIVE OFFERS FOR WONCA EUROPE 2026 PARTICIPANTS:

- **Complimentary Galeries Lafayette tote bag** with purchases of **€50 or more.**
- **Complimentary Caudalie beauty set** (hand cream & lip balm) with purchases of **€250 or more.**

Enjoy 10% off selected Galeries Lafayette experiences with the code EVENT10:

- [Macaron Workshop](#)
- [Fashion Show](#)
- [Heritage Tour](#)
- [Ferrandi Cooking Class](#)
- [Ferrandi Pastry Class](#)

Whether you're shopping for French specialties, looking for the perfect souvenir, or simply admiring the famous dome, **Galeries Lafayette is a must-see destination during your stay in Paris.**

Paris city maps will also be available during the conference **to help you make the most of your Parisian adventures.**





30TH WONCA EUROPE CONFERENCE 2026

June 30th – July 3rd, 2026 | Paris, France

Dear colleagues,

As your Unlocked Paris guide comes to an end, remember: the city is yours to explore, the conference is yours to conquer, and the pastries... well, they are definitely yours to enjoy.

Keep your wits about you, your walking shoes ready, and your sense of wonder wide open. Paris will charm you, the WONCA Europe Conference will challenge you, and together, they might just make these days unforgettable.

Bon voyage, happy networking, and may your coffee be strong, your baguettes crisp, and your memories endless!